



MEDILODGE  
OF TAYLOR

# NEWSLETTER

23600 Northline Road, Taylor, MI 48180 • P: 734.287.8580 • [www.medilodgeoftaylor.com](http://www.medilodgeoftaylor.com) • June 2019



## The TOPS of Taylor



Hard work and dedication should always be recognized. So each month, the Lodgers of Taylor can vote on a CNA or Nurse of the month!

**Nurse of the Month: Jillian Trowbridge**  
Jillian has been a wonderful asset to our facility, and the Lodgers agree! She is a steady and stable force everyone can depend on.

**How long have you worked for Medilodge?**  
Five years.

**What is your favorite thing about working here?**

Getting to know each resident and caring for them. Each individual has their own story and they truly appreciate our care!

**Any advice for other staff?**

Teamwork, teamwork, teamwork!!! You are only one person and it's ok to ask for help. Also, don't give up! Some days are harder than others... but at the end of the day, just know you made a difference in our resident's lives.

**Excellent words of advice. Welcome to the Taylor TOPS, Jillian!**

## ZENSATIONAL

WELLNESS AT MEDILODGE OF TAYLOR

**zen•sa•tion•al** noun /zen'sāSHənl/

1. A state of mind and an active process where you join with MediLodge on your journey to Recover, Rejuvenate, Revitalize and Return Home.
2. A whole person wellness centered philosophy, experienced in a relaxed and soothing environment.

"Life does not hurry, yet everything is accomplished."

MediLodge's approach to zensational wellness is an active process in which each lodger and employee are encouraged to make choices toward personal growth in seven dimensions of zensational wellness: physical, social, emotional, spiritual, intellectual, occupational and vocational. The goal of our whole person wellness program is to recognize the unique individuality of every person at our Haven for Healing.

## IMPORTANT NOTICE:

All residents and families need to contact Social Services to verify that a copy of Advanced Directives, Patient Advocacy paperwork, and/or current guardianship papers are in place. DNR's must be renewed annually with guardianship. DNR's can ONLY be completed by a resident who is able to make decisions or someone who is assigned on paperwork. In the state of Michigan, next of kin is NOT legally permitted to sign for their loved one. Contact Social Services if you wish to complete an advanced directive (DNR or full code - Do you want CPR to be administered?), you must see Social Work staff to assure that you have signed the most current form as required by Michigan Law. If you believe you have already, "trust but verify" with Social Services. Thank you! —Jenn Williams, Social Services

## **June 13-19 National Nursing Assistants Week**

Nursing Assistants have a rewarding profession; they can help patients and residents improve quality of life!

Whether you are recovering from a hospital stay or living in a nursing facility nursing assistants are there to make a difference!

Nursing Assistants report vital signs, check on patients, help set up medical equipment, and transfer patients as necessary. They also help with daily tasks such as bathing, eating, and dressing patients.

The duties of a nursing assistant require dedication and a sincere desire to help others. It is important to recognize the time and effort nursing assistants put into their job.

To show your appreciation for a nursing assistant in your life, consider giving a thank you note or a letter. A simple gift such as candy, flowers, or a gift card can be a thoughtful gesture that shows that you care.

**Medilodge of Taylor had a great week celebrating National Nurse's Week in May. Thank you, nurses, for all you do!**

## **A Note from Housekeeping**

A big hello and welcome from myself and my staff. We have completed our spring cleaning and thank you to the families that have come in and picked up unused decorations along with cleaning out closets for the warmer weather. If you haven't been in yet, please do soon, as it will be warmer quicker than we realize. Always as a reminder, make sure any new items are labeled and entered into inventory with the laundry department.

Please welcome the new staff that joined Medilodge of Taylor. You may have already seen some new faces from housekeeping /laundry departments too. Welcome aboard, and we look forward to having you on our team.

Be mindful of what items can be used within our facility due to fire/safety regulations. If you have questions in regards to what can be brought in, please ask myself or one of my staff members... they will gladly answer your questions. If my staff locate items in a room that cannot be used they will bag, label and place

in room for pick up. No notes or papers of any kind can be on walls or furniture, they will be removed and placed on top of the dresser.

We cannot have any open windows as well, this is a fire/safety regulation. Every room is equipped with an individual heating/AC unit for the residents use, no additional fans of any kind can be used in our facility.

I would also like to personally say "Thank you" to our amazing students that come in from Mixter Institute for Transitions every week, I'm sure many of you have seen them here. Their summer vacation begins shortly and we will miss them until the fall. Have a safe, fun and great summer. See you soon.

Also, at this time I would like to say thank you to all staff for all the amazing work they do daily within our facility. Awesome job!!

Thank you,  
**Michelle Marotich**



# Let us make your summer less stressful! Ask us about Respite Care

For your own peace of mind and well-being, it's important to allow yourself time off without worry. *Short Term Respite Care.*

Our short term respite care program is designed for care givers who need a safe, nurturing environment for their loved ones during a short period of time - whether it be a weekend away, a business trip, or a much needed vacation.

Let us provide delicious meals, companionship, health care monitoring and assistance with activities of daily living in a safe environment so your mind is at ease.



## Highlights of our Respite Care Program includes:

- *24 Hour Nursing Care*
- *Nutritional Services*
- *Medication Management*
- *Social Activities*
- *Supervised Rehabilitation Programs*
- *No Minimum Stay Required*
- *Special Respite Rates*

Call us today to schedule a stay, arrange a personal visit, or to learn more about our respite care benefits!

Contact Roni in Admissions!

## June 10 is Iced Tea Day

There is nothing like a cold drink on a hot day. For about 2 billion people, iced tea is their drink of choice. Tea is a very versatile drink, being able to be served hot and cold. It's also healthy for you as well!

**Tea is rich in antioxidants.** Antioxidants rid your body of harmful free radicals, which could damage your cells. These may help increase your metabolism, potentially helping you lose weight. Antioxidants found in oolong tea, may remove the free radicals responsible for aging the skin and creating dark spots.

While making tea, remember that if the directions say "teaspoon," they are not talking about a measuring teaspoon. A measuring teaspoon holds about 5 mL and has a round head. A teaspoon has an oval head, like the one in your cutlery drawer. The British figured out that a teaspoon held the right amount of tea leaves for a cup of tea.



JUNE 16:  
FATHER'S DAY



Celebrate dads, grandfathers, uncles, and father-figures who have made a positive impact on a child's life. Studies show that men who play an active role in their children's lives stimulate all aspects of development: emotional, academic, behavioral, and social, even when those men don't live in the same home as their children. This Father's Day, let us remember the father's role. Let us celebrate our fathers and honor them for making a difference in our world.

You don't have to be a dad to tell a "Dad joke."

How does a penguin build its house? – A: Igloos it together.

I had a really great boomerang joke. – A: It'll come back to me.

What did the shy pebble wish? A: That she was a little boulder.

What did the hat say to the hat rack? – A: You stay here. I'll go on a head.

The past, the present, and the future walk into a bar at the same time. – A: It was tense.

What did one wall say to the other wall? – A: Let's meet up at the corner.



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## Your Friendly Staff

<i>Administrator</i>	Charlotte Antic
<i>D.O.N.</i>	Michelle Peace, RN
<i>A.D.O.N.</i>	Katrina Duby, RN
<i>Wound Care Nurse</i>	Crystal Neumann
<i>Admission Dir.</i>	Roni Butler
<i>Social Service Dir.</i>	Jennifer Williams
<i>Social Worker</i>	Kristina Lewis
<i>Activities Director</i>	Joanna LoBuono
<i>Case Manager</i>	Elizabeth Mattson
<i>Dietitian</i>	Kathy Kadau
<i>Dietary Manager</i>	Brian Brickner
<i>Discharge Planner</i>	Lori Baleczak
<i>Maintenance Sup.</i>	Ondin Roman
<i>Housekeeping Sup.</i>	Michelle Marotich
<i>Accounts Rec.</i>	Jackie Yelinek
<i>Accounts Pay.</i>	Maria Heggie
<i>100 Unit Manager</i>	Joanne Pemberton
<i>300 Unit Manager</i>	Tammy Fox
<i>400 Unit Manager</i>	LaToya Shade
<i>In-service Coord.</i>	Danielle Klosowski

## Visiting Hours

Monday – Sunday      24 hours a day



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## June – Word Search

Find and circle the 15 words listed below. Find words straight across, up and down, and diagonally. All words are forwards reading only. No backwards. Good luck!

I	N	D	B	R	H	N	D	L	U	Y	S	Z	B	J
F	B	K	V	Z	R	Q	E	J	E	E	T	M	A	S
C	E	I	I	J	U	Q	R	Y	W	Z	I	F	E	U
P	R	E	S	C	R	I	P	T	I	O	N	T	T	N
X	X	R	V	S	P	T	N	Q	S	W	I	U	N	T
G	S	F	S	P	J	P	G	F	D	C	N	A	R	O
T	Z	A	T	A	T	C	U	N	O	F	T	P	D	F
I	X	T	A	R	F	J	W	Z	M	M	J	A	H	H
V	C	H	I	D	K	E	A	E	Z	L	O	U	P	F
J	K	E	C	I	B	C	T	C	R	L	K	T	H	I
G	T	R	H	Z	C	V	E	Y	B	R	E	U	R	I
O	Q	U	I	C	B	T	R	M	O	M	O	Z	E	N
B	S	A	G	R	A	N	D	P	A	W	T	R	W	X
I	G	L	A	N	D	S	Q	M	G	V	J	S	G	B
B	R	A	I	N	P	D	S	J	H	M	S	Z	M	Q

### Word List

- BRAIN
- CNA
- ERROR
- FATHER
- GLANDS
- GRANDPA
- JOKE
- MEN
- PRESCRIPTION
- PUZZLE
- SAFETY
- SUN
- TAI CHI
- WATER
- WISDOM